

Immigration Medical Exam:**Printable Checklist
(IMMEDEX)**

Use this checklist for your appointment.
Your exam is performed by an IRCC panel
physician and results are submitted
electronically to IRCC via eMedical.

Bring these to your appointment

Item	Status	Notes
Documents from IRCC	<input type="checkbox"/>	Instruction letter, biodata form.
Government-issued Photo ID	<input type="checkbox"/>	Passport, driver's licence, or national ID. Health cards are NOT accepted.
Refugee Documents (if applicable)	<input type="checkbox"/>	Interim Federal Health (IFH), e.g., Acknowledgment letter of claim.
Prescription Medications	<input type="checkbox"/>	The actual medication, or a list with dosages.
Eyeglasses or Contact Lenses	<input type="checkbox"/>	And your prescription if available.
Parent/Legal Guardian (if age 15 and under)	<input type="checkbox"/>	Applicants age 15 and under must be accompanied.
Vaccination Record	<input type="checkbox"/>	(Optional but Helpful)
Prior Chest X-ray/TB Treatment Records	<input type="checkbox"/>	(Optional but Helpful)
Family Doctor/Specialist Contact Info	<input type="checkbox"/>	(Optional but Helpful)

Before you arrive

Item	Status	Notes
Eat Normally	<input type="checkbox"/>	Fasting is not required.
Eat Normally	<input type="checkbox"/>	Fasting is not required.
Note on Menstruation	<input type="checkbox"/>	Menstruation does not affect the exam.
Wear a Face Mask (if unwell)	<input type="checkbox"/>	If you feel unwell (cough/fever).

On exam day: what to expect

Item	Status	Notes
Registration & Photo ID	<input type="checkbox"/>	At the front desk; you may receive a urine container.
Doctor's Examination & Tests	<input type="checkbox"/>	Brief physical exam followed by blood draw; urine and blood samples are taken.
Chest X-ray	<input type="checkbox"/>	Performed in the same building. Fee: \$50 (cash or e-transfer), covered by IRCC for Refugee Claimants.
Results Submission	<input type="checkbox"/>	The clinic sends results to IRCC via eMedical within 7–10 business days.
IRCC Follow-up	<input type="checkbox"/>	IRCC will contact you with approval or any follow-up requests.
Medical Report Copy	<input type="checkbox"/>	You will receive an email after submission with a link to order a copy (small fee applies).